

**Children's Health Minute**

**Air Dates: Week June 26, 2006**

**"Rear Facing Infant Safety Seats"**

**Spot # CHMJ06D**

**Dr. Hellerstedt:** Whether in a car, truck or SUV, child safety seats save lives and prevent injuries. Do you know how to use them?

Hi, I'm Dr. John Hellerstedt with the Children's Health Minute -- connecting families with Children's Medicaid and CHIP.

Protecting an infant is the goal of every parent. And one way to make sure "baby" travels safely is to remember that infant and child seats always go in the back seat of your vehicle, never in the front.

The infant seat must face the rear of the vehicle. And it must be secured by a safety belt. Never install a rear-facing safety seat in the front of a vehicle equipped with an activated airbag.

Finally - NEVER carry a baby in your lap when riding in a car. In a 30-mile per hour crash, an unrestrained child is thrown forward with the same force as falling from a three-story building!

**Announcer:** Call toll-free 1-877-KIDS NOW to apply or when it's time to renew your children's health insurance. Six months of coverage for all your children costs just 50 dollars or less, but most families pay little or nothing. That's 1-877-KIDS NOW.