SHERRY MATTHEWS ADVOCACY MARKETING

Children's Health Minute **Air Dates: Week of July 17, 2006**

"Inhalant Abuse" **Spot # HHSC-JL03**

Dr. Hellerstedt: Discussing drug and substance abuse with your children is important, but there may be something you are forgetting to talk about. They're called inhalants.

Hi, I'm Dr. John Hellerstedt with the Children's Health Minute, connecting families with CHIP and Children's Medicaid.

Many parents worry about their children using drugs or alcohol, but you may not realize that some home products pose a substance abuse hazard, too. Inhalants are ordinary household products that are inhaled or sniffed in an attempt to get high. Examples include model airplane glue, nail polish remover, cleaning fluids, hair spray, gasoline, spray paint, and correction fluid.

Inhalants can rapidly cause permanent damage to the brain and lungs. Talking with your child about the dangers of inhalants is the best way to keep them safe.

Announcer: Keep your kids healthy. Call toll-free 1-877-KIDS NOW to apply or when it's time to renew your CHIP or Children's Medicaid. Six months of coverage for all your children costs just 50 dollars or less, but most families pay little or nothing. That's 1-877-KIDS NOW.