

Children's Health Minute
"A Bump on the Head"

Air Dates: Week of January 8, 2007

Dr. Hellerstedt: Getting a bump on the head while playing sports or roughhousing is just a part of childhood. But how can you tell if it's a serious head injury?

Hi, I'm Dr. John Hellerstedt with the Children's Health Minute -- connecting families with Children's Medicaid and CHIP.

Head injuries can be serious. Call 911 for any child who loses consciousness after a blow to the head, has difficulty breathing, is bleeding through the mouth, nose, or ears, or who is vomiting.

It's a good sign if the child feels and acts just fine. However, if your child shows loss of memory for the accident, confusion, drowsiness, weakness, or nausea, call your child's doctor for further instructions.

Announcer: Call toll-free 1-877-KIDS NOW to apply or when it's time to renew your CHIP or Children's Medicaid. Six months of coverage for all your children costs just 50 dollars or less, but most families pay little or nothing. That's 1-877-KIDS NOW.