

Children's Health Minute

Air Dates: Week of February 19, 2007

"When Sinuses Attack!"

Dr. Hellerstedt: Is it a cold – or something more serious, such as a sinus infection?

Hi, I'm Dr. John Hellerstedt with the Children's Health Minute -- connecting families with Children's Medicaid and CHIP.

The common cold usually lasts 7 to 10 days, and it's not unusual for a child to have a runny nose during that time. But, if your child's nose is still runny after two weeks, it could be a sinus infection.

Other signs of a sinus infection could be a constant runny nose, combined with congestion and a low-grade fever. But, because kids' sinuses are still developing, the signs and symptoms of an infection can be hard to recognize.

That's why a visit to your child's doctor may be the only way to be sure.

Announcer: Keep your kids healthy. Call toll-free 1-877-KIDS NOW to apply or when it's time to renew your CHIP or Children's Medicaid. Six months of coverage for all your children costs just 50 dollars or less, but most families pay little or nothing. That's 1-877-KIDS NOW.