

**Children's Health Minute**

**Air Dates: Week of August 20, 2006**

**"Dealing with Asthma at School"**

**Dr. Hellerstedt:** Asthma attacks can happen anytime, anywhere -- even in school. Have you helped your school be prepared?

Hi, I'm Dr. John Hellerstedt with the Children's Health Minute -- connecting families with Children's Medicaid and CHIP.

It's important to help school staff be prepared to respond to your child's asthma.

Find out when and where the school nurse will be available and who handles emergencies if a nurse is not there.

Ask your doctor to put you child's asthma treatment plan in writing and share a copy with the school. Tell the school about any asthma triggers for your child and how to respond to asthma symptoms.

Know the school's policy about students carrying and using inhalers. With teamwork, everyone can breathe a lot easier.

**Announcer:** Health insurance is key to keeping your kids healthy. Call toll-free 1-877-KIDS NOW to apply or when it's time to renew your CHIP or Children's Medicaid. Six months of coverage for all your children costs just 50 dollars or less, but most families pay little or nothing. That's 1-877-KIDS NOW.